



Sacramento County Head Start/Early Head Start

ANNUAL REPORT

2013/2014

MISSION

The SETA Head Start program's mission is to improve the lives of low-income children by providing quality comprehensive child development services that are family focused, including education, health, nutrition and mental health.

PHILOSOPHY STATEMENT

The Head Start philosophy rests on four basic principles:

- 1) A child can benefit most from a comprehensive, interdisciplinary program to foster normal development and remedy problems.
- 2) Parents are the primary educators of the children and must be directly involved in the program.
- 3) The well-being of children is inextricably linked to the well-being of the entire family.
- 4) Partnerships with other agencies and organizations in the community are essential to meeting family needs.

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Deputy Director's Message

It is with enthusiasm that I present to you the 2013-2014 Annual Report. This year's theme "*Your Story Matters,*" highlights the heart and soul of the services SETA Head Start/Early Head Start provides to families and their children. SETA's mission *to improve the lives of low-income children by providing quality comprehensive child development services that are family focused, including education, health, nutrition and mental health* remains the foundation of all we do and is measured throughout this report. I hope you enjoy reading the enclosed parent testimonies.

During the program year, SETA Children and Family Services Department successfully completed three significant triennial reviews - the Office of Head Start, the California State Department of Education/Early Education and Support Services Division, and the Child and Adult Care Food Program (CACFP). It was a very fast paced and exciting year. I am pleased to say that each review highlighted many strengths of the program and provided an opportunity for continuous improvement.

Additionally, in 2013-2014, SETA restored services which were reduced as a result of the Federal Sequester from the previous year. Slightly more than \$2.6M was restored to Sacramento County Head Start/Early Head Start program enabling 147 preschool and 24 infant/toddlers to receive services again. Restoration funds also restored employment to 15 full time equivalent positions.

It is through high quality collaborations and partnerships that Sacramento County Head Start and Early Head Start programs are able to invoke standards that ensure infants and toddlers are ready for preschool; preschoolers are prepared for kindergarten; and families are supported with life-long skills that lead to their child's success in life and in school.

On behalf of Sacramento Employment and Training Agency Head Start/Early Head Start, its delegate agencies, partners and board members, I want to thank all of the staff for ensuring the mission is accomplished through commitment, passion and dedication.

Sincerely,

A handwritten signature in black ink, appearing to read "Denise T. Lee" with a small smiley face to the right.

Denise T. Lee
Deputy Director
Children and Family Ser-



My involvement with Head Start started 47 years ago. My mother was a Head Start Teacher from 1967 through 1972. I remember it was like kindergarten but for younger

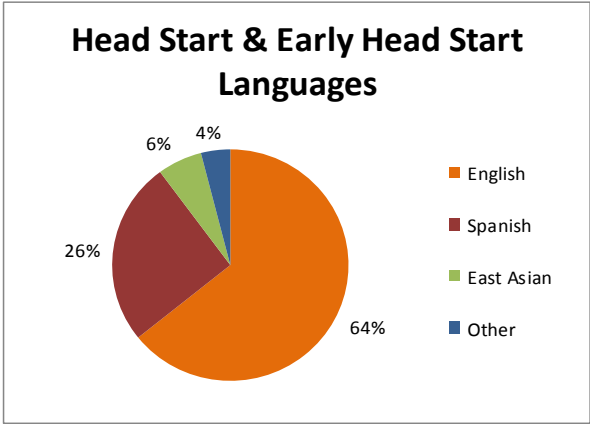
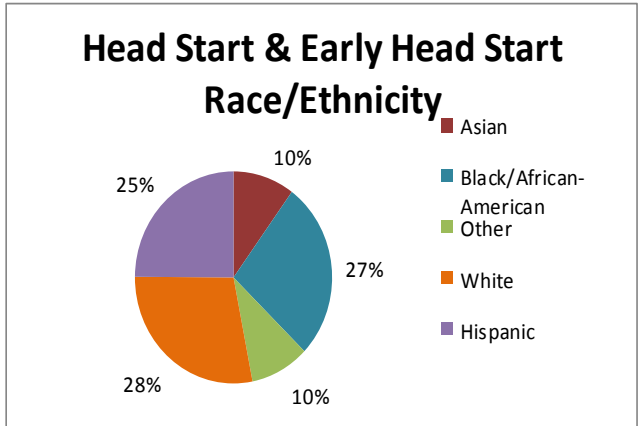
children. When I became an adult and had children of my own, I heard the Head Start name again. I remembered this jump start program for kids that had given them such an advantage before starting kindergarten so I enrolled my boys. Head Start gave my boys all the tools they needed to successfully enter public school and excel. Twenty-three years later, I was blessed to have two more children and, of course, they would be Head Start bound. By this time, Head Start had changed its program and included an Early Head Start program. Today, my youngest child just transitioned to kindergarten and I have a grandson not too far behind him. I myself am involved with Head Start as a Policy Council and Parent Advisory Committee representative getting the information about the program back to the parents at the school sites and to the community. It is such a pleasure to be able to give back and learn something at the same time. I would like to thank Head Start for giving me the opportunity to get involved and be a part of my children's education and future!

- Kenneth Tate

Enrollment Facts



New enrollment with Family Services Worker, Jessica, and parent



Funded Enrollment 2013-2014

Head Start	4,710
Early Head Start	636

Actual Enrollment 2013-2014

Head Start	6,038
Early Head Start	1,136

Represents a service level at 22% of the eligible children in Sacramento County.

Proudly served with 100% average monthly attendance.

Health and Wellness



LAP-D and DECA Screenings performed by Teacher Kenna

Medical Screenings: 6,368 [87%]
Oral Health Checks: 6,039 [86%]



Smile Keepers Dental Checks

Head Start/Early Head Start provided more than 1.1 million meals, including breakfast, lunch and snacks to children last year.

I am an extremely proud parent of Jonathan Julian. Jonathan was born a micro-preemie at 1 pound, 3 ounces and 12 inches long. We had a wonderful Alta Regional Coordinator who procured multiple services for Jonathan. One of the best services she offered was the Head Start program through Sacramento City Unified School District. When Jonathan started attending Edward Kemble Head Start, he blossomed. With him attending a Head Start preschool, we were both educated in fabulous ways from family style meals and parenting tips to making new long-term friends. The first year, I was so happy that I volunteered frequently at his school. The next year, I was elected parent representative and then to the Policy Council. Jonathan is at a new school now but talks about how much he misses the teachers and his friends at Edward Kemble. We both were very fortunate to be involved in Head Start.

- Jill Julian



Family Engagement and Home Base



I am fifty-eight years young and have custody of my grandchildren-forever. But I have a four year old who is in Head Start. Head Start and SETA staff have been a blessing to me. Ms. Alma Hawkins, Ms. Marie Desha and Ms. Nancy Hogan have encouraged me and held me up when I could hardly stand. My granddaughter could not talk clearly at all when she started Head Start last year. But with the time and dedication of the Family Services Worker and the teachers, she now cannot stop talking. Most people understand her very well. She knows her 123's and ABC's, colors, shapes, Swahili and many, many, many songs she loves to sing. My granddaughter and I are so happy. With my mother's death and my father's illness, SETA staff and teachers have prayed for me and even sent cards, which was so sweet. The knowledge that they have imported upon me, the committees offered me the chance to provide input into the SETA Head Start program. The many trainings that SETA has provided, such as National Head Start Conference and Toast Masters, have kept me on my toes. If you are reading this and are thinking about enrolling your children in Head Start, DO IT! Your family will be so enriched. In these times, you cannot afford to not give your children a Head Start. - **Lenda Wheeler**

Family Engagement

It will always be true that families are their child's first and most important teachers; but more and more families rely on outside resources to help them care and educate their children. Evidence shows that when families are engaged in their child's early school experiences, children adapt more successfully to school and are more likely to do well academically.

Head Start/Early Head Start strives to engage families in a true partnership by offering an ongoing, reciprocal, strengths-based partnership between families and the Head Start/Early Head Start program. The family engagement model honors diversity and integrates the perspectives, strengths, and needs of all children and families, their community, and the program that serve them.

Well integrated school/family partnerships result in benefits for the **children**, such as:

- Boosts to academic achievement with increased cognitive development, improvement in behavior, and increased language and problem-solving.
- Better positive self-image and pro-social relationships.

Successful advocacy for the evaluation of children with suspected disabilities to receive special education services when they are needed.

The benefits for **families** include:

- Increased confidence in their own ability to nurture and educate their children.
- Enhanced feelings of self-worth which contribute to increased educational and employment opportunities.

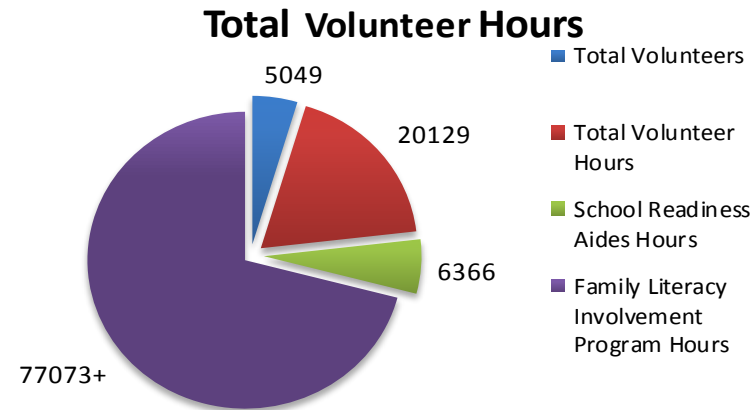
2,472 received positive parenting information.

713 referrals to job training programs and 940 referrals to Adult Education and programs.

Family Engagement and Home Base

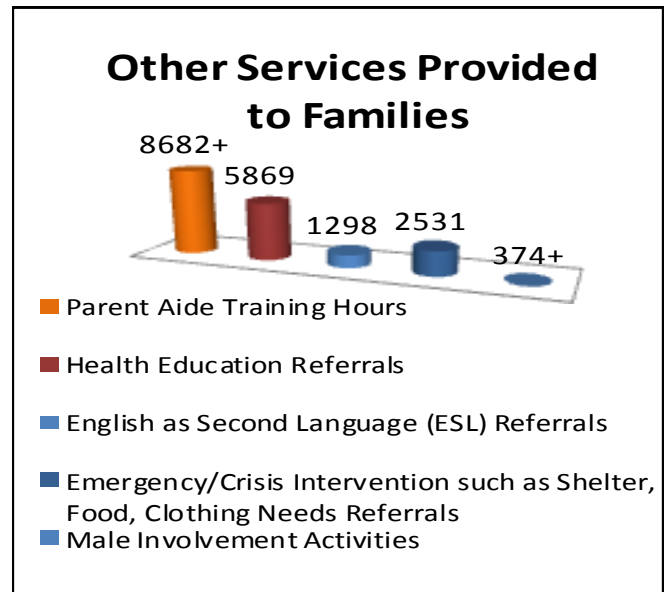
There are also benefits for the Head Start and Early Head Start program:

Family members volunteering in the classroom create smaller adult-child ratios, and more children benefit from adults one-on-one attention for activities.



Family members sit on parent boards such as the Parent Advisory Committee and the Policy Council to share in important decision-making processes regarding the Head Start/Early Head Start budget and its program planning.

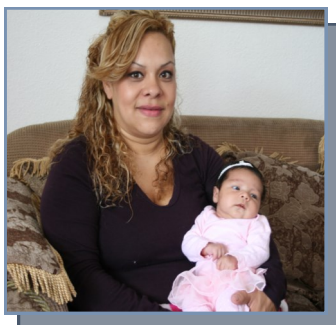
Family engagement is essential to ensuring quality services to children. When there are true partnerships, children, families and the program are stronger.



SETA Head Start Home-Based Program Option

The home-based option provides comprehensive Head Start/Early Head Start services to pregnant women and families with children birth-5 through weekly home visits and group socialization experiences. Comprehensive and high quality home visitation services strengthen and support families.

Prenatal Home Visits support expectant families through the stages of pregnancy and delivery. Home Visitors, utilizing the *Partners for a Healthy Baby* curriculum and support from a registered nurse and clinical social worker, work with families covering a wide range of topics including the stages of pregnancy and delivery, breastfeeding and post-partum depression. Home Visitors continue to provide comprehensive Early Head Start services to the family once the baby is born.



For families with children birth-5, home visits focus on the parent-child relationship and in utilizing the home as the child's primary learning environment. Utilizing Creative Curriculum and HELP at Home curriculum, Home Visitors and parents are involved in creating high quality child development experiences in the family's home to support the parent-child relationship, the child's development, and build school readiness.

School Readiness

Through effective, research-based strategies, Head Start ensures all children are prepared for their transition to Kindergarten.

Head Start remains a leader in the early childhood field with a strong, clear, and comprehensive focus on all aspects of healthy development, including physical, cognitive, and social and emotional development, all of which are essential to children getting ready for school.

Sacramento County Head Start programs are guided by eighteen (18) School Readiness goals that support five essential domains of learning:

- Health and Physical Development
- Social and Emotional Development
- Approaches to Learning
- Language and Literacy Development, including English Language Learners
- Cognitive and General Knowledge

Results of the 2013-2014 Desired Results Developmental Profile (DRDP) scores indicated that the majority of preschoolers about to matriculate into kindergarten are in the top two levels (score between 3 and 4), a rough indicator of School Readiness.


Children's Developmental Growth in Head Start Kindergarten Eligible Children		
Developmental Domains:	Fall	Spring
Approaches to Learning	2.3	3.3
Creative Arts	2.7	3.5
Language Development	2.3	3.3
Literacy Knowledge and Skills	2.0	3.1
Logic & Reasoning	2.2	3.2
Mathematic Knowledge & Skills	2.0	3.2
Physical Development	2.6	3.5
Science Development	2.3	3.3
Social & Emotional Development	2.3	3.3
Social Studies Knowledge and Skills	2.2	3.3

*Scores derived from the 2013-2014 Desired Results Developmental Profile

Based on assessment results, literacy and mathematics are lower scoring domains. However, through a targeted approach in curriculum enhancements, staff development and increased teacher effectiveness, these domains have the highest percentage of change from fall to spring.

I would like to start with thanking everyone from SETA Head Start and WCIC Playmate programs for keeping this wonderful program together for parents to continue to be involved with committees that they have designed for us, the parents—Policy Council and Parent Advisory Committee. I have learned so many skills that I know will be instilled within me forever; from social skills, collaborating skills, critical thinking, public speaking, code of ethics and morals, and many more valuable skills that I feel all people should have in society. The journey that I have shared with SETA has helped me grow and develop a great sense of knowledge of how PC and PAC are important to our community; or should I say, to EVERY community. It helps us parents have a voice within our children's educational needs, being involved and being part of something that helped me to help my children. The program has shown me and taught me to look at my perspective on life a whole lot different than the way I used to. Being a single mother of three and keeping up with life is fairly difficult without education. Now that I am back in school and able to start where I left off by continuing to fulfill my educational dreams, I can build a clean and stress free foundation for my family. It feels so good inside my soul—CLEAN mind, body and soul with no negative in my life.

- Richina Siackasorn



School Readiness

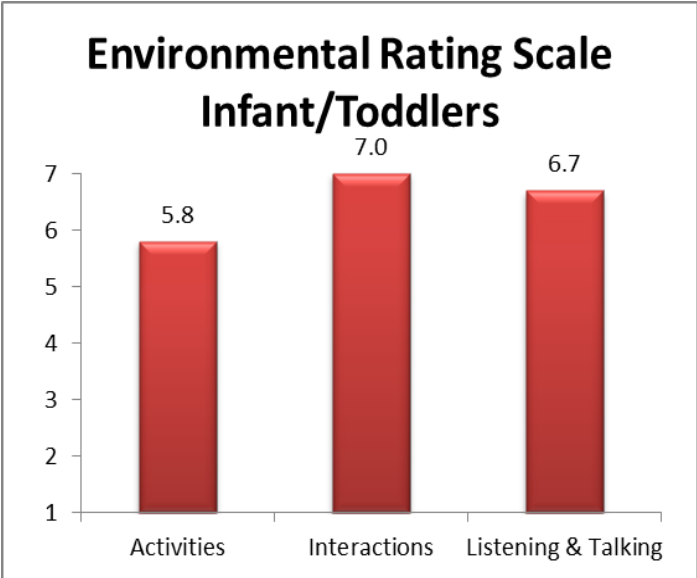
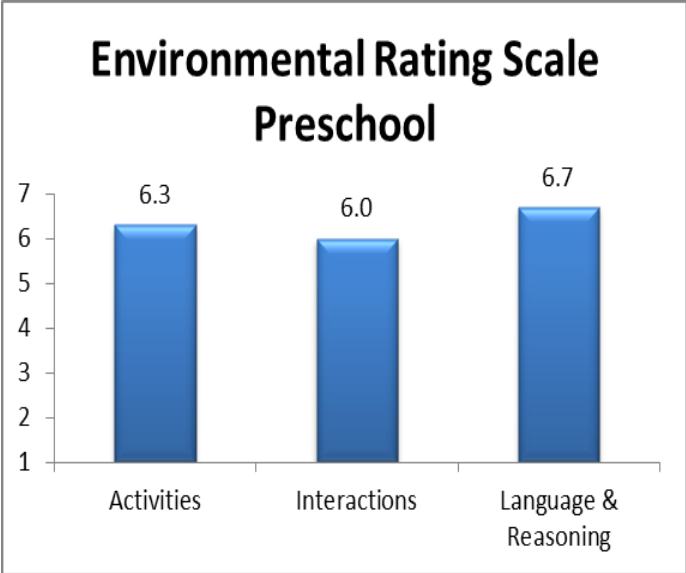
Sacramento Head Start has a strong commitment to ensuring quality classroom interactions and school environments that meet the most stringent standards in the field of child development. Tools and strategies being implemented include:

Classroom Assessment Scoring System (CLASS) - Observations have been conducted to assess teacher-child interactions that support children’s learning and development: Emotional Support, Classroom Organization, and Instructional Support. Data obtained from these observations has been used for individual coaching as well as to drive focused professional development. Teacher resources have also been developed to guide advanced language acquisition and to increase concept development and the quality of feedback.

The Teaching Pyramid (CSEFEL) - County wide efforts have provided training and coaching in the complete modules of The Teaching Pyramid. Teachers use these strategies to create strong environments, routines and classroom behavior expectations as well as to create supportive interactions in the context of relationships. Policies and procedures have been modified to reflect the positive behavior supports that have been added.

Math Works- Desired Results Developmental Profile (DRDP) - Assessment data shows that math is an area that needs ongoing focused attention. SETA has developed a Math resource to support teachers as they implement meaningful and effective activities in the classroom. Developmentally appropriate activities have been aligned to the DRDP measures based on sequential skill attainment strategies. This integrated approach also provides hands on home activities to parents that are aligned to assessment.

Environmental Rating Scales (ECERS/ITERS) - Independent assessors have observed classrooms using this tool designed to measure quality in space and furnishings, personal care routines, language-reasoning, activities, interactions, program structure, and parents and staff provisions. Using a 7 point scale, data shows Head Start classrooms performing at the top score ranges in key areas.



Budget

2013-2014 Budget

	Total	Head Start	Early Head Start	Other Funding
SETA Operated Program	\$ 27,797,640	\$ 23,892,436	\$ 3,905,204	\$ 4,616,789
Elk Grove Unified School District	\$ 2,566,886	\$ 2,566,886	\$ --	\$ 2,204,532
Sacramento City Unified School District	\$ 9,420,378	\$ 7,955,460	\$ 1,464,918	\$ 16,494,085
San Juan Unified School District	\$ 5,919,793	\$ 4,288,735	\$ 1,631,058	\$ 10,640,499
Twin Rivers Unified School District	\$ 1,299,099	\$ 1,299,099	\$ --	\$ 3,942,875

*Other Funding Sources include some or all of the following: California Department of Education, including First 5, CSPP, Title 1 Preschool, CPKS, CCTR, State Pre-K Family Literacy, CalSAFE, or CCFP.

SETA had no financial or compliance audit findings in the June 30, 2014 audit report.

2014-2015 Budget

	Total	Head Start	Early Head Start
SETA Operated Program	\$ 28,965,804	\$ 24,794,929	\$ 4,170,875
Elk Grove Unified School District	\$ 3,134,314	\$ 3,134,314	\$ --
Sacramento City Unified School District	\$ 10,200,438	\$ 8,635,832	\$ 1,564,606
San Juan Unified School District	\$ 6,327,176	\$ 4,585,140	\$ 1,742,036
Twin Rivers Unified School District	\$ 1,596,691	\$ 1,596,691	\$ --
Women's Civic Improvement Club	\$ 833,568	\$ 833,568	\$ --

Board Members, Delegate Agencies, and Partners

SETA Governing Board Members

Don Nottoli

Board of Supervisors, County of Sacramento

Allen Warren

Councilmember, City of Sacramento

Jay Schenirer

Councilmember, City of Sacramento

Sophia Scherman

Public Representative

Jimmie Yee

Board of Supervisors, County of Sacramento

Delegate Agencies/Partners

"It Takes a Community to Raise a Child."

Elk Grove Unifies School District

River Oak Center for Children

Sacramento City Unified School District

Sacramento County Office of Education

San Juan Unified School District

Twin Rivers Unified School District

Women's Civic Improvement Club (WCIC)

SETA Head Start Policy Council

La Tasha Windham, Chair

Lynda Williams, Vice-Chair

Steven Wormley, Secretary

Toni Espinoza, Treasurer

Richina Siackasorn, Parliamentarian

SETA Head Start Parent Advisory Committee

Jasmine Jamison, Chair

Kenneth Tate, Vice-Chair

Alacya Harris, Secretary

Lenda Wheeler, Treasurer

Derek Adams, Parliamentarian



Kathy Kossick
Executive Director

Denise T. Lee
Deputy Director

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