

Exposure Notice

HAND, FOOT AND MOUTH DISEASE

Date: _____

PLEASE NOTE: *Your child has been exposed to Hand, Foot and Mouth Disease.*

Description: Hand, Foot and Mouth disease is caused by a virus and is spread by direct contact with nose and throat secretions or infected feces (bowel movements). Symptoms include sudden fever, sore throat and small blister-like sores in the mouth (on the inside of cheeks, along sides of the tongue, on the gums and back of the throat). Sores may last 7 – 10 days. A rash may also appear

Communicability: Hand, Foot and Mouth disease is contagious during the time fever and rash is present. There is no specific treatment, but children should be kept in out of school until they have been fever-free for 24 hours.

Prevention: Wash hands frequently with soap and clean and disinfect all surfaces that have come in contact with nasal and throat secretions.