

SETA Early Head Start Prenatal EHS Educator Health Visit



Date _____ Initial Visit _____ Regular Visit _____ Referral _____

Name of Mother to Be _____ Age _____

Address _____ City _____ Zip _____ Phone # _____

Name of Father to Be _____ Age _____

Address _____ City _____ Zip _____ Phone # _____

Due Date _____ Hospital _____ Obstetrician _____ Pediatrician _____

Staff Present _____

Other Individuals Present _____

INFORMATION DISCUSSED

1st Trimester (Months 1, 2, & 3)

- ___ Importance or early and continuous prenatal care
- ___ How client is feeling
- ___ Father's questions
- ___ Receiving WIC Services, if not, refer
- ___ Vitamins and folic acid
- ___ Morning sickness
- ___ Tobacco use, including 2nd hand smoke
- ___ Drug use, illegal and over the counter
- ___ Previous miscarriage

2nd Trimester (Months 4, 5, & 6)

- ___ Continue prenatal care
- ___ Continue vitamins and folic acid
- ___ Weight gain
- ___ Is baby kicking?
- ___ Discomforts of pregnancy
- ___ Signs of pre-term labor
- ___ Sex during pregnancy
- ___ Domestic violence

3rd Trimester (Months 7, 8, & 9)

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| <ul style="list-style-type: none"> ___ Continue prenatal care ___ Continue vitamins ___ Weight gain ___ Is baby kicking? ___ Signs of labor ___ Timing of contractions ___ Discuss discomforts ___ Father's questions ___ Tobacco use including 2nd hand smoke ___ Drug use, illegal and over the counter ___ Delivery – hospital, birthing center or home ___ How to get to hospital ___ Who will be with you? ___ Packing your suitcase | <ul style="list-style-type: none"> ___ Types of delivery – vaginal or C-Section ___ Infant car seat – correct positioning ___ Basic baby supplies ___ Diapers – cloth or disposable ___ Feeding your baby – breast or bottle feeding? ___ Who will help at home after the delivery? ___ Where will baby sleep ___ Postpartum visit ___ Sex after baby comes ___ Birth control methods ___ Postpartum baby blues ___ Choosing a pediatrician ___ Preparing the other children for the new baby |
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