

SETA Head Start
Health Services Advisory Committee Meeting
Wednesday, January 30, 2008
Sequoia Room
5:30 p.m.

Attendees: Ann Wallace, RD, SETA Head Start; Brenda Campos, SETA Head Start; Debbie Salazar, Sac County CHDP; Diane Malley, RN, Immunization Program; Dr. Kimberly Gordon-Biddle, Ph D, CSUS; Edenausegboye Davis, WCIC/Playmate; Elaine Yoshikawa, Sac City Unified; Garnett Volkens, SETA Head Start; Jane Anderson, Kids Care Dental Group; Katelynn Higginbotham, SETA Head Start; Kathy Burlingame, Sac County Mental Health; Lana Tamimi, SETA Head Start; Lori Hansen, San Juan Unified; Marianne Grisez, Capitol City Child Development; Marla Albritton, Elk Grove Unified; Maureen Dermott, SETA Head Start; Melanie Nicolas, SETA Head Start; Paula Galvez-Fox, RN, SETA Head Start; Rutha Toney, San Juan Unified - EHS; Sean Cooke, MD, Kaiser Pediatrics; Sudhira Mahajan, SETA Head Start – EHS; Taylor Priestley, SETA Head Start; Teresita Topete, SETA Head Start; LaDoris McDavid, PAC Rep/Foster Parent (SETA); Monique Davis, PAC Rep/Hillsdale (SETA); Venelsia Fentress, PAC Rep/Grandparent (SETA); Donovan Harrison, PAC Rep/Broadway (SETA).

Next Meeting on Wednesday, May 21st from 5:30 – 7:00 pm

- I. Welcome and Introductions
 - a. Brenda called the meeting to order at 5:45 p.m.
 - b. Everyone introduced themselves with name, title and agency
 - c. Committee approved November minutes

- II. Recognition of Dr. Reeves and Staff from Kids Care Dental Group
 - a. Dr. Reeves was absent for the meeting, but Jane Anderson the Practice Administrator was in attendance to accept the gift.
 - b. Dr. Reeves serviced many children enrolled in our agency, as well as the delegate agencies, without insurance
 - c. He provides services at the Healthy Families rate
 - d. Jane Anderson worked very closely with staff to ensure a very prompt turn around for the children in intense pain
 - e. Dr. Reeves and his staff have changed our children and families' view on dentistry.
 - f. Several staff from the grantee and delegate agencies in attendance expressed much gratitude and shared success stories made possible by Dr. Reeves and his staff

- III. Updates for Sacramento County Head Start
 - a. OHS Review
 - i. Currently still no date set (possible March or April)

- ii. Contact information for the committee members will be available to the reviewers
 - iii. SETA and Delegate agencies in process of answering the Health/Nutrition protocol questions
- b. Community Assessment
 - i. Assessment of current Education, Health, Mental Health and other needs of the community
 - ii. Collected data gives assessment of needs based on children's report cards, Child Action, CHDP and WIC
 - iii. Community Assessment will be submitted with the Head Start Grant on May 1, 2008
- c. Three Year Goals & Objectives
 - i. Community needs are the basis for the goals and objectives
 - ii. Each program uses the information gathered in the Community Assessment to tailor to their needs and program
 - iii. Goals are broad to allow for each agency to tailor for their own needs and to help with social/emotional situations
 - iv. Goal One: Identify stress factors and provide community resources. Maternal health and depression becoming a large issue.
 - v. Goal Two: Emphasis on preventing child obesity. SETA put together a committee to use the I Am Moving, I Am Learning curriculum in the centers.
 - 1. Two community partners for this (that delegates can use as well): Health Education Council and EFNEP. Providing garden program, cooking demos, etc.
 - 2. CSUS students will be interning through our program to provide nutrition information
 - a. Possible use at parent meetings to make food healthier and to allow consistency for ALL staff
 - vi. Goal Three: An assessment of children in the program showed issues with oral literacy. The goal addresses how to work with parents, teachers and children to increase their oral literacy.
 - vii. Goals and Objectives will be submitted with the Head Start Grant on May 1, 2008
- d. Self Assessment
 - i. SETA gearing for assessment next month
 - ii. Results of the assessment will be at the next meeting in May
- e. Head Start/Early Head Start Grant
 - i. Due to Bureau by May 1st
 - ii. Budgets are being formed now
 - 1. Last year SETA allocated \$20,000 for Dental; \$3,000 for Nutrition Education and \$60,000 for Consultants
 - 2. Mental Health addressed by our consultant Dr. Art Magana
 - iii. Agencies can use the minutes from the Health Services Advisory Committee meetings to show the needs and issues the county is facing as support for budget needs, i.e. Dental
 - 1. Water fluoridation in the county will assist with current dental issues

2. Dr. Cooke tried fluoride brush on provided by CHDP. He will soon be training nurses and other staff of the procedure. He hopes to make it a standard for Kaiser.
3. Possible change to the physical form to add fluoride varnish as requirement.
- iv. Delegate agencies should be viewing the Special Education report with the current status of the required 10% enrolled children with disabilities.

IV. Questions to the Committee

- a. Dr. Cooke stated that he sent a letter out to all 30 physicians at Kaiser South to address the form issue for physicals for children ages 4-5.
 - i. Addressing Anemia and TB skin tests
 - ii. Dr. Cooke expressed that it is crucial for a child that is on medication for TB to take the medication daily for the full nine months.
 - iii. Sac City expressed concern for the lack of TB education provided to foster parents by the foster agency.

V. Next Meeting Date

- a. Wednesday, May 21st in the Sequoia Room from 5:30 – 7:00 p.m.

VI. Community/Agency Updates

- a. Dr. Cooke is trying to get the “Reach Out to Read” program going at Kaiser South.
- b. Dr. Cooke also suggested that parent try to keep the time children watch TV per day to no more than one hour; children under the age of two shouldn’t watch TV at all.
- c. Diane Malley, RN with the Immunization Program stated that there is currently a re-call on the HIB vaccine. How this issue is addressed will be discussed with Diane and Lynn and will provide us with follow-up at the next meeting.
 - i. Children that are at a high risk for HIB are still recommended to take the vaccine.
- d. Diane also mentioned that children two years old and up are now allowed to receive the Flu Mist
- e. Kathy with Access shared that Mental Health Service for adults is now available and expanding