

SETA Head Start
Health Services Advisory Committee Meeting
Wednesday, May 21, 2008
Sequoia Room
5:30 p.m.

Attendees: Anna Reed, Elk Grove Unified; Beverly Sanford, SETA Head Start; Bonnie Eastman, Breathe California; Brenda Campos, SETA Head Start; Debbie Salazar, PHN, Sac County CHDP; Denise Moore, LCSW, SETA Head Start; Diane Malley, RN, Immunization Program; Dr. Art Magana, HS Mental Health Consultant; Dr. Kimberly Gordon-Biddle, PHD, CSUS; Dr. Manuel Arevalo, MD, San Lucas Pediatric Clinic; Elaine Yoshikawa, RN, PHN, Sac City Unified; Garnett Volkens, RN, SETA Head Start; Gloria Flemons, Del Paso Unified; Janet Talsky, RD, Sac County DHHS; Katelynn Higginbotham, SETA Head Start; Kathy Kossick, SETA; LaDoris McDavid, SETA PAC/PC; Lana Tamimi, SETA Head Start; Lauren Dieckmann, Cover the Kids; Lori Hansen, RN, PHN, San Juan Unified; Marianne Grisez, RN, PHN, Capitol City Child Development; Marla Albritton, Elk Grove Unified; Marta Chavez, SETA Head Start; Meghan Marshall, SETA Head Start; Melanie Nicolas, SETA Head Start; Pamela Bradley, PHN; Paula Galvez-Fox, RN, PHN, SETA Head Start – EHS; Rutha Toney, RN, PHN, San Juan Unified - EHS; Sandy Martinez, RD, SETA Head Start; Sudhira Mahajan, SETA Head Start – EHS; Taylor Priestley, SETA Head Start; Venelsia Fentress, SETA PAC/PC.

Next Meeting on Wednesday, October 15, 2008, 5:30 – 7:00 pm
Sequoia Room
SETA Head Start
925 Del Paso Blvd., Ste. 200
Sacramento, CA 95815

I. Welcome and Introductions

- a. Brenda called the meeting to order at 5:50
- b. Welcome and introductions followed

II. 07-08 Program Self Assessment Outcome

- a. A copy of the SETA Operated Program's Self Assessment was disseminated to all members for review
- b. Program Self Assessment is part of the Grant application process
 - i. Grant was turned in to ACF on May 1, 2008
- c. The assessment helps SETA make a plan for areas of improvement
 - i. Delegate agencies have their own format for their assessment
 - ii. SETA's Self Assessment is also used as a guideline to provide support services to the delegate agencies
- d. Topics brought up during Health Services Advisory meetings are usually reflected areas of need for the program
 - i. Dentals are consistently a major concern for all of Sacramento County

ii. Obesity is another area of concern

III. OHS 08 Monitoring Review Outcome (April 14-18, 2008)

- a. This review is done every three years
- b. Program county-wide was without any findings in content areas
 - i. Over 300 performance standards to abide by in our content areas alone
- c. Health Services Advisory community reps aide us with the success of our programs

IV. Bio-Hazard Disposal Procedure

- a. Brenda added this topic to get thoughts and ideas from the committee
- b. SETA Facilities workers recently tried to drop off bio-hazard bags to the City
 - i. Facilities was informed that effective January 1, 2008 public agencies had to contract out with a company for disposal
- c. School districts present mentioned they take their bio-hazard disposals to Health Services
- d. CHDP reps will follow-up to see what local clinics do for bio-hazard disposal

V. MRSA Exposure

- a. SETA so far has had 4 cases of MRSA
- b. No case known at the delegate agencies
- c. Lori Hansen, RN, PHN, stated that the type of precaution used for MRSA would depend on location (in wound or urine or oral secretion)
- d. Garnett Volkens, RN, spoke with Dr. Cooke and he feels that MRSA is being hyped up by the media. He shared with Garnett that normal precautions should be used. He hasn't noticed any sudden rush or increase of it in his practice to cause concern.
- e. Pam Bradley, PHN, Sacramento County, mentioned that "staph" is present at all times; the spread of it can be prevented by good hand washing and normal precautions.
- f. Marianne Grisez, RN, PHN, stated that staff should be vigilant at all times and teachers are informed on a regular basis
- g. Exposure notices shouldn't be posted in a center unless a doctor provides note
- h. Diane Malley, RN, mentioned educating staff could prevent panic and fear
- i. Brenda stated that SETA Health staff need to work with the education staff to work with the center staff on educating them about MRSA
- j. Meghan Marshall shared that CDC offers free pamphlets, posters, etc. in bulk on a wide variety of health topics

VI. TB Screenings – Chest X-Rays for Adults (How often?)

- a. Handout of a draft of the new TB policy for SETA was provided for suggestions and comments
- b. CHDP Periodicity Table provides the necessary guidelines for TB screening
- c. Brenda pointed out one of the major changes was chest x-rays being valid for 2 yrs instead of 4
 - i. Marta Chavez contacted Sacramento County Chest Clinic on Broadway to seek guidance on chest x-rays and was told every 2 yrs was recommended

- d. Marianne Grisez, RN, PHN, expressed concern that it is hard enough to get chest x-rays done every 4 yrs currently
- e. Pam Bradley, PHN, read the policy and understood it to mean that for enrollment purposes a person had to have one current within 2 yrs of the date of enrollment
- f. Marta Chavez said that Head Start children and families are always to be considered at risk and receiving a skin test or chest x-ray is required
- g. Debbie Salazar, PHN, shared that she has worked with Monterey County at clinics and chest x-rays were never required unless symptoms are present or if there is a doctor recommendation
- h. Rutha Toney, RN, PHN, stated that the policy used to be if there was a positive skin test then a chest x-ray is done. If the x-ray was clear, the person was considered clear and no other x-rays were needed again.
- i. Marianne Grisez, RN, PHN, recommended SETA contact the UCD Infectious Disease and get a letter of recommendation from there as back up for the change in the policy
- j. Each work setting has own TB policy and requirements
- k. The committee reached a consensus that more information needed to be gathered and possibly stay with the current policy of every 4 yrs
- l. TB Policy for Parents section was discussed; Brenda shared that SETA has difficulty monitoring parent presence if no proof of TB screen provided and parents wanting to comply with getting a TB screen. She also shared that SETA provides parents with a waiver choice instead of getting a TB skin test/x-ray, but staff aren't enforcing parents not being present in classroom or fieldtrips.
- m. SETA is also adding parents in the home base option having to provide proof of TB screen as well
- n. Other school districts mentioned teaching staff are enforcing the TB policy for their own safety, and thus far no issues with parents getting screenings done
- o. Pam Bradley, RN, recommends not offering waiver to parents unless several attempts to get them to comply have been made and they still flat out refuse
- p. Kathy Kossick expressed that SETA needs to raise expectation of staff and parents
- q. Volunteers section of the policy was discussed and it was decided that it doesn't matter how many hours are being done, everyone across the board is now required to provide proof of TB screen
- r. Rutha Toney, RN, PHN, gave a suggestion for parents that don't want to receive the PPD can be offered the option of a chest x-ray
- s. Pam Bradley, RN, stated that even pregnant moms can have a PPD; Brenda stated that many physicians are not allowing them to be screened
 - i. Debbie Salazar, PHN, says that due to physicians waiving TB for pregnant moms, children have been born with active TB
- t. Debbie Salazar, PHN, shared that there is an option of Quantiferon (QFT) provided to refugees or high risk only; QFT is a blood draw test that is more accurate and sensitive but also more expensive
- u. Brenda asked committee about thoughts on #6 under the parent section
 - i. Should child get another test if parent has active TB
 - 1. Consensus was "Yes"
- v. The few suggested changes will be made to the policy and Katelynn will send electronically to all the committee for changes, suggestions, etc.

- w. After the committee approves the policy it will then be sent to the SETA Policy Council and Governing Board

VII. Brief Updates for Health/Nutrition, Disabilities and Mental Health

- a. Bonnie Eastman with Breathe California presented project of updating an Asthma Curriculum packet. She is currently working with Brenda and her staff to finalize the regulations and forms needed. Current samples were passed around to be viewed by the committee. July is target date for finalization. Packet will include information on asthma, indoor/outdoor pollution, and second-hand smoke. Bonnie also mentioned that redwood and deodar cedar trees are great barriers for asthma.
- b. Lauren Diekmann with Cover the Kids brought up that many families were enrolled and lots of screenings were done at the April 19th Health Faire.
- c. Janet Talsky, RD, with WIC announced some changes that will happen in the next year. Whole milk will no longer be offered to children over 2 years of age due to the obesity rate. Whole milk will be offered to children that are underweight. Amount of juice provided will be reduced and will be substituting with fresh fruit. First change to be pushed will be to lower the amount of juice. All changes will be done by 2009. As for organic foods, WIC will be offering soy milk.
- d. Representative with Sacramento County IZ shared that there has been a lot of bad press about immunizations and autism. Negative media hype is possible cause for low number of completed immunizations. A campaign for positive messages about immunizations will be starting.
- e. Melanie Nicolas with SETA Head Start shared that the number of centers participating in the IMIL pilot will increase in August of this year. She also shared that starting in June of this year Grant Skills and Freedom Park will be having Community Farm Stands. Food stamps are welcome. The program encourages people to "go green" and has incentives for those that bring re-usable grocery bags.
- f. Marianne Grisez, RN, PHN, with Sac City shared that starting tomorrow, May 22, 2008 from 4-6 p.m. Soil Born Health/Professions classroom will be selling boxes of organic produce for \$20 (valued at \$40). *Location: 5th and Broadway, West of New Helvetia, 5th and Marina Vista. She also shared that approximately 95% of the children have completed dental varnishes. This has aided children in seeing a dentist and practicing opening their mouths.
- g. Dr. Art Magana with SETA Head Start shared that the bi-polar disorder diagnosis in children under the age of 5 continues to increase. Many symptoms can present as bi-polar. He recommends we encourage parents to obtain an accurate diagnosis and not just accept immediate diagnosis. Art also shared that many of the returning military parents bring complex issues to the family, part of which is the children having to deal with parents leaving for the military.