

**SACRAMENTO EMPLOYMENT AND TRAINING AGENCY
HEAD START/EARLY HEAD START**

TUBERCULOSIS POLICY GUIDELINES

<p>The only TB tests acceptable for Head Start are; Mantoux/PPD skin test, Quantiferon (QFT) and a chest x-ray. All TB tests must be recorded by a medical professional and include date given and date read within 48-72 hours.</p>
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CHILDREN

1. Early Head Start requires every child between the ages of 0 and 12 months to complete a Head Start TB Risk Assessment. If it is found that the child is “at risk” for exposure to TB, a TB clearance will be required from the medical provider prior to the child’s enrollment. **NOTE:** At 12 months, every enrolled child will need to provide proof of TB clearance from their medical provider in one of the following manners:
 - a. A negative TB skin test, chest x-ray or Quantiferon (QFT) blood test
 - b. A letter from the medical provider stating that the child is “free from TB”.
2. Head Start requires every child between the ages of 36 and 48 months to complete a TB Risk Assessment. If it is found that the child is “at risk” for exposure to TB, a TB clearance will be required from the medical provider prior to the child’s enrollment.
3. Head Start requires every child between the ages of 48-60 months to produce a TB clearance from their medical provider in one of the following manners:
 - a. A negative TB skin test, chest x-ray or Quantiferon (QFT) blood test
 - b. A letter from the medical provider stating that the child is “free from TB”.
4. A child with a positive TB skin test will be required to provide documentation from a physician stating the child is free from TB prior to enrollment.
5. Children with active TB must comply with the recommendations of the Health Officer/TB Controller of Sacramento County.
6. The child of a parent/guardian who tests positive for TB will be excluded until a current TB clearance is provided.

STAFF

1. Early Head Start and Head Start Preschool must ensure all staff obtains a TB clearance within 60 days prior to employment and annually thereafter.
2. Any employee with a documented positive TB test must provide documentation from their physician stating they are not contagious for TB prior to employment or resuming work.
3. Any employee with a history of a positive TB skin test will be required to provide a chest x-ray or Quantiferon (QFT) blood test current within five years and every five years thereafter. School districts must adhere to their district policy.
4. Any employee with a documented positive TB skin test requiring a chest x-ray or Quantiferon (QFT) blood test must complete an annual "Risk Assessment Questionnaire".
5. An employee with active TB must comply with the recommendations of the Health Officer/TB Controller of Sacramento County. Employees with active TB must not attend work for a minimum of two weeks after they begin drug therapy. Prior to returning to work, the employee must provide documentation from their medical provider stating he/she is not contagious for TB.

HOME BASE PARENT/GUARDIAN

1. Early Head Start and Head Start Preschool requires the parent/guardian who will be participating with the child in the Home Base option to have a TB clearance dated within one year prior to his/her child's enrollment. Home visits will not take place until proof of TB clearance has been provided.
2. Proof of a parent's TB clearance is required and will be valid for two years and five years for a chest x-ray.
3. A parent with a documented positive TB skin test must provide written evidence from a physician stating they are not contagious for TB prior to participating in home visits/socializations.
4. Parents with active TB must comply with recommendations of the Health Officer/TB Controller of Sacramento County. Parents with active TB can not participate in home visits/socializations. The parent must provide documentation from their medical provider stating the parent is not contagious for TB.
5. If a member of the household, who is participating in home visits, is diagnosed with an active case of TB, the participating parent must provide proof of a new TB clearance prior to receiving any home visits or participating in socializations.

6. Head Start will provide resources to parents where they may obtain a TB test for free or low cost.

CENTER BASE PARENT/GUARDIAN

1. Early Head Start and Head Start requires any parent/guardian who wishes to volunteer or participate in any Head Start/Early Head Start activities must show proof of a TB clearance current within one year of his/her child's enrollment. This includes parent meetings or parent trainings held at the center during school hours.
2. Proof of a parent's TB clearance is required and will be valid for two years and five years for a chest x-ray.
3. A parent with a documented positive TB skin test must provide written evidence from a physician stating they are not contagious for TB prior to participating in parent meetings, parent trainings, home visits, and field trips.
4. Parents with active TB must comply with recommendations of the Health Officer/TB Controller of Sacramento County. Parents with active TB can not participate in any Head Start/Early Head Start activities, including parent meetings or parent trainings at the center. Prior to any participation, the parent must provide documentation from their medical provider stating the parent is not contagious for TB.
5. Head Start will provide resources to parents where they may obtain a TB test for free or low cost.

COMMUNITY VOLUNTEERS

1. Volunteers must have a TB clearance dated no more than sixty days prior to volunteering.
2. Written evidence of a volunteer's TB clearance is required and will be valid for one year and five years for a chest x-ray.
3. A volunteer with a positive TB skin test must provide documentation from a physician stating they are not contagious for TB prior to participating in any classroom activities including field trips.
4. Volunteers with active TB must comply with recommendations of the Health Officer/TB Controller of Sacramento County. Volunteers with active TB must not volunteer for a minimum of two weeks after they begin drug therapy. Prior to returning, the volunteer must provide documentation from their medical provider stating the volunteer is not contagious for tuberculosis.
5. A history of a positive TB skin test requires proof of a chest x-ray or Quantiferon (QFT) blood test that is current within five years.

6. Volunteers will be required to follow their agency's policy of tuberculosis testing.

Rev. 9/1/10

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