

- 2019-2020 -

# Annual Report



Head Start improves the lives of low-income children by providing family focused child development and school readiness services including education, health, nutrition, and mental health.



# Letter from the Deputy Director

It is with great pleasure that I present to you the 2019-2020 Head Start/Early Head Start Annual Report for Sacramento County.

With the global pandemic; the ethnic, racial and political unrest; and devastating fires across California, 2019-2020 was, by far, the most unusual and unsettled program year in decades. Yet, program staff remained committed and focused to the mission of Head Start, serving children and families remotely for nearly half of the program year.

This report reflects the work performed prior to, during and after the Executive Order to Shelter-in-Place during the pandemic. Since SETA, its delegate agencies and partners temporarily closed for in-person services in mid-March 2020, the information contained in this report is slightly different than past years with more anecdotal information, including parent/staff feedback about COVID-19 and the closure.

It is through high quality collaborations and partnerships that Sacramento County Head Start and Early Head Start programs are able to invoke standards that ensure infants and toddlers are ready for preschool, preschoolers are prepared for kindergarten, and families are supported with life-long skills that lead to their child's success in school and in life.

On behalf of the Sacramento Employment and Training Agency, its delegate agencies, partners and board members, I want to thank all Head Start/Early Head Start staff for ensuring the mission is accomplished through commitment, passion and dedication.

Sincerely,

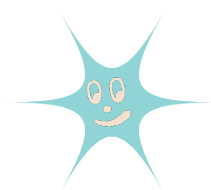
**Denise T. Lee**  
**Deputy Director**  
**Children and Family Services**



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**For more information, please visit our website at [www.headstart.seta.net](http://www.headstart.seta.net)**

# What staff/parents learning during COVID-19



## Slowing down

Life is filled with ups and downs ↑↓



The power and magic of laughter  
—HAHA

Harnessing a new creative niche



gratitude

Positive attitude



## HOPE

TO DO THINGS IN A **NEW** WAY

Becoming a teacher to my two young children

Working — Remotely



Material things have no value; value is inside ourselves

## EMPATHY

Innovative and out of the boxes \*high five strategies to overcome obstacles



## TO APPRECIATE THE PACE OF LIFE



C  
H  
A  
N  
G  
E

Strength in times of adversity

The importance of **KINDNESS**

To appreciate what we have

► **Sharing is Caring**

**Equality**, we are all the same regardless of our religion, culture, customs, poor or rich

Thanks to our heroes, doctors, nurses and all community helpers



## ADAPT TO SERVE THE FAMILIES OF OUR COMMUNITY

I am more computer literate

# Budgets and Expenditures



## Head Start (Preschool)

	2019-2020			2020-2021
	Budget <sup>1</sup>	Expenditures <sup>2</sup>	In-kind <sup>3</sup>	Budget <sup>4</sup>
SETA Operated Program	\$28,755,646	\$25,909,951	\$5,698,346	\$30,215,573
Elk Grove USD	3,756,005	3,180,286	922,913	4,129,195
Sac City USD	6,518,688	5,849,466	2,328,773	6,831,278
San Juan USD	9,431,472	7,805,333	3,288,589	9,812,918
Twin Rivers USD	2,887,487	2,641,020	585,146	2,287,614
Women's Civic Improvement Club	1,668,209	1,440,426	233,604	1,643,947
<b>Total</b>	<b>\$53,017,507</b>	<b>\$46,826,482</b>	<b>\$13,057,371</b>	<b>\$54,920,525</b>

## Early Head Start (Infants/Toddlers)

	2019-2020			2020-2021
	Budget <sup>1</sup>	Expenditures <sup>2</sup>	In-kind <sup>3</sup>	Budget <sup>4</sup>
SETA Operated Program	\$8,987,121	\$8,246,311	\$4,095,359	\$9,028,633
San Juan USD	2,008,557	1,863,232	982,820	2,171,376
Twin Rivers USD	894,339	743,212	102,561	1,157,737
<b>Total</b>	<b>\$11,890,017</b>	<b>\$10,852,755</b>	<b>\$5,180,740</b>	<b>\$12,357,746</b>

## Early Head Start-Child Care Partnerships

	2019-2020			2020-2021
	Budget <sup>1</sup>	Expenditures <sup>2</sup>	In-kind <sup>3</sup>	Budget <sup>4</sup>
SETA Operated Program	\$1,685,197	\$1,072,794	\$744,109	\$1,871,245
<b>Total</b>	<b>\$1,685,197</b>	<b>\$1,072,794</b>	<b>\$744,109</b>	<b>\$1,871,245</b>

<sup>1</sup> Budgets include Basic, COLA, Training and Technical Assistance, Duration Start-up, Carryover and CARES Act Funding.

<sup>2</sup> A carryover request was submitted for pre-approved projects not completed by July 31, 2020.

<sup>3</sup> In-kind sources include: volunteers, FLIP/Literacy Project hours and PAC/PC board activities.

<sup>4</sup> Budgets include Basic, Training and Technical Assistance, Quality Improvement, Carryover/No Cost Extension and CARES Act Funding. Other funding sources include: CDE/OCTR and USDA/CACFP.

Head Start/Early Head Start had no financial or compliance audit findings on the June 30, 2019 audit report. The June 30, 2020 audit is in process.

# ReadyRosie- Parenting Curriculum

ReadyRosie is a research-based parenting curriculum that builds on parents' knowledge. It harnesses the power of video and mobile technology to empower families and schools to work together to promote school readiness. All ReadyRosie content is based on a foundation of research that has proven to have a positive impact on family behaviors and child outcomes. ([www.ReadyRosie.com](http://www.ReadyRosie.com))

While the nationwide Shelter-in-Place order was challenging for families across the nation, it was also a great time to reconnect with their children and their growing needs. Hence, it was no surprise that families turned to SETA, seeking additional support and resources for working with their child(ren) at home, and found ReadyRosie to be a valuable resource.

## Readership and Usage Levels

### Pre-COVID19

#### October 2019

Approximately **33%** of the SETA Head Start/Early Head Start families had accepted the invitation to participate in the ReadyRosie program.

#### December 2019

Staff initiated new training and implementation procedures of the ReadyRosie program, resulting in **52%** of the enrolled families accepting the invitation to participate. More than 6,700 videos were viewed by the families during this time period.

#### March 2020

The program slightly increased the percentage of participating families to **53.91%** with more than 8,400 videos viewed.

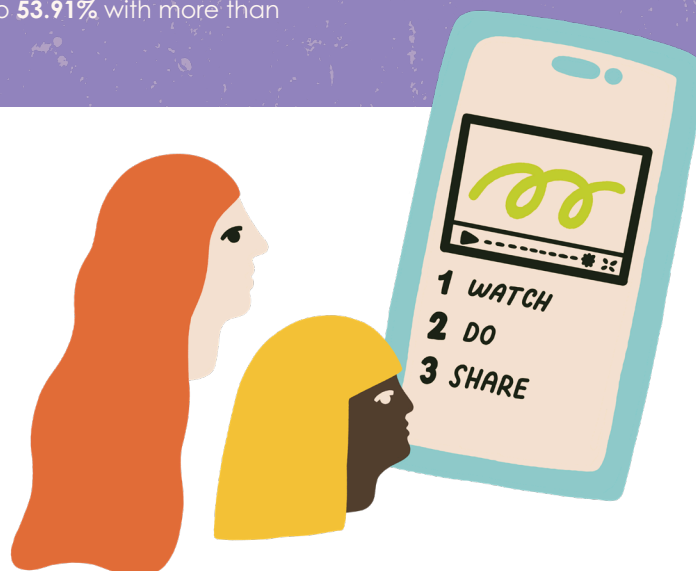
### Post-COVID19

#### March 2020

The Shelter in Place Order was executed. All families not already registered for ReadyRosie were sent another invitation as part of SETA's distance learning approaches. By the end of March, the percentage of participating families increased to **63.40%** with more than 9,700 videos viewed.

#### August 2020

**68.61%** of families accepted the ReadyRosie program and viewed more than 15,968 videos, with nearly 1,300 playlists to choose from.



# How does SETA measure and improve quality teaching in a classroom?

The Classroom Assessment Scoring System (CLASS) is a flexible tool that focuses on the heart of great teaching: the teacher-child interactions proven to drive learning and development. CLASS uses research-driven insights to improve how teachers interact with children every day to cultivate supportive, structured and engaged classroom experiences.

## CLASS Scores-Preschoolers (ages 3-5) Countywide

	CLASS Domains		
	Emotional Support	Classroom Organization	Instructional Support
2019-2020	6.29	5.82	3.22
2018-2019	6.25	5.75	3.14

- Sacramento County showed growth across all 3 CLASS domains with the largest gain in the area of Instructional Support with a 2.5% increase.
- Sacramento County exceeded National CLASS scores in all 3 domains.
- Sacramento County exceeded Regional CLASS scores in Emotional Support and is on-par with scores in Classroom Organization and Instructional Support.

## CLASS Scores-Toddlers (ages 18-36 months) Countywide

	CLASS Domains	
	Emotional and Behavioral Support	Engaged Support for Learning
2019-2020	6.30	4.08
2018-2019	6.28	4.04

- Sacramento County showed growth across both Toddler CLASS domains.
- Though gains were slight, the scores are well into respectable quality ranges.



# What did we learn from CLASS and how did we adapt?

## High fidelity in curriculum implementation

- Teachers received ongoing support to help understand how meaningful environments and experiences lead to higher child outcomes.
- Fidelity tools were completed in a majority of classrooms to guide individual and program level improvements.
- Fidelity observations showed high implementation of Creative Curriculum Interest Areas.

## Data

- Program data was used effectively to guide ongoing support and training.
- Child and classroom data was used effectively to guide instruction.
- All Sacramento County Head Start programs are now utilizing Learning Genie as the data portal for DRDP and that has led to a stronger understanding of how anecdotal evidence, ratings and lesson plans are connected.
- Data gathered through the use of tools such as CLASS, ECERS and DRDP are used to help place teachers into the appropriate coaching model that will most effectively meet their individual needs.

## Professional Development

- The program implemented multiple coaching groups using the TLC model.
- Practice Based Coaching is being implemented by expert coaches as well as peer coaches.
- SETA utilizes Coaching Companion as a system to document, gather videos, provide resources and peer communication.
- Teaching Pyramid training and coaching are improving foundational practices such as consistent daily routines, visual aids, problem solving skills, emotional literacy and individualized intervention.



**Children receive dental  
exams at school**  
(Prior to COVID-19)



**Even though this year quickly  
became different from others,  
we had a lot of positive moments!**



**Engaging  
Toddlers  
Outside**



**Special  
Friends**



**Drive Through Dental  
Exams During COVID-19**



**Creative Reminders on  
the Importance of Safety  
Precautions During COVID-19**



# Health and Oral Health Services

## Lead Campaign 2019

The Lead Campaign kicked off Summer of 2019 in partnership with UC Davis Betty Irene Moore School of Nursing, the Sacramento County Department of Health Services, and the Childhood Lead Poisoning Prevention Program. Together, the program offered lead testing kits, in-person and web-based education/prevention classes, and brochures and lawn signs to families. Outreach also targeted parents whose child had not yet been tested for lead, which is a requirement from California Department of Public Health (CDPH) for all children 12 months and 2 years of age. The goal of the campaign was to educate parents and staff on the common sources of lead poisoning, prevention strategies, and critical effects of lead exposure in young children; and to reduce the rates of high blood lead test results in enrolled children.

- Total Number of Blood Lead Screenings Completed in 2019-2020:

**2,934**

Of which, 34 needed follow-up/treatment

## Partners for Healthy Eyes

SETA has had a long standing partnership with the California-Hawaii Elks' Major Project, Inc. to provide annual vision screenings to enrolled Head Start children. While funding this year was severely reduced from previous years, nothing stopped the Elks volunteers from giving their time to screen more than 660 children. As a result of these critical screenings, 47 children (7%) were identified as needing follow-up/treatment; of which, 3 required further follow-up and/or had an eye condition; 13 passed their second screening with their primary care physician/optometrist and 14 received glasses, 17 did not follow-up due to parent refusal and/or dropping from the program. Seven are still outstanding.

- Total Number of Vision Screenings/ Observations Completed in 2019-2020:

**3,977**

Of which, 34 needed follow-up/treatment

## Partners for Healthy Teeth

Early Smiles Sacramento Program/Center for Oral Health provided 1,564 dental screenings and 1,268 fluoride varnishes during the program year at the centers. Other exams/screenings were provided by professional dentists in the community. Upon closures due to COVID-19, drive-through dental exams were provided at the HUB centers during pick-up of weekly school supplies/lesson plans and meal services. Screenings were not only available to Head Start/Early Head Start enrolled children, but also for everyone in the family and the community. Families received goodie bags with dental kits, note books, pencils, coloring books, crayons, stress ball and a backpack. Parents were also screened and received their own dental goodie kit and tote bag. Partnerships included, Sacramento County Every Smile Counts Program, Access Dental, Center for Oral Health, Sacramento Covered, and Liberty Dental.

Two of the events also included collaborations with Walnut Grove Elementary, YMCA, First 5 and the Women's Civic Improvement Club (WCIC) to provide vision and hearing screenings to children, families and the community.

- Total Number of Dental Exams/ Screenings Completed in 2019-2020:

**3,976**

Of which, 726 needed follow-up/treatment



Drive-through dental exams at Mather Head Start



## Watch Me Grow

Prior to the COVID-19 closures, **4,829** enrolled children completed a first growth assessment. As a result of the pandemic, SETA purchased growth charts for in-home measurements and measuring tapes for head circumference measurements for infants. Registered Dietitians consulted with families via phone for children who had height/weight concerns.

## Other Screenings Provided in 2019–2020

### Hearing Screenings/Observations

**4,665**

Of which, 177 needed follow-up/treatment

### Blood Pressure Screenings

**3,418**

Of which, 32 needed follow-up/treatment

### Hct/Hgb (at 12 & 24 months of age)

**3,860**

Of which, 496 needed follow-up/treatment

## Immunizations

**98.8%** of preschool-aged children and **85%** of infants/toddlers were up-to-date/complete/ exempt/waiver on immunizations for their age.

## Pre/Postnatal Services to Pregnant Women

Early Head Start served **34** pregnant women during the program year. Registered Nurses provided in-person and phone consultations to new mothers for pre and postnatal services, which included newborn assessments and postpartum assessments.

## RN Project with UC Davis

SETA proudly partners with the UC Davis Betty Irene Moore School of Nursing which provides students hands-on projects/ services for Head Start families and staff. Services include providing health screenings and activities to enrolled children, training staff, and health prevention/education to parents.

During the Summer, the structure was modified to provide the same quality of services fit for social distancing guidelines. This summer, nursing students put together a series of wellness webinars on topics to promote mental, physical and tangible help/support. Over 400 participants attended tele-health presentations including:

- COVID-19 and Multi-System Inflammatory Syndrome (MIS-C) Nutrition
- Age-Appropriate Physical Activity During Shelter in Place
- Serving the Essential Workers of the Pandemic
- Stress and Mental Health
- Fostering Healthy Relationships
- Oral Health
- Pre- and Postnatal Care

Students also hosted virtual training sessions for staff including, blood borne pathogens, first aid response, use of Personal Protective Equipment (PPE), universal precautions, gloving, hand-washing and face coverings.

## Percentage of Children with

Health Insurance = 97.6%

Medical Home/Primary Medical Provider = 96.1%

Dental Home/Primary Dentist = 93.9%

## Percentage of

Preschool Children, ages 3-5 years old, with a Diagnosed Disability = 13%

Infants/Toddlers, birth to 36 months, with a Diagnosed Disability = 16%



# Program Accomplishments 2019–2020



## SETA Operated Program

- Staff maintained quality services throughout the year, despite transitioning to remote teaching/ services as a result of COVID-19.
- Staff adapted to the ever-changing climate of COVID-19 with unwavering resilience, commitment and compassion.
- All staff received extensive health and safety training to prevent, respond to and prepare for COVID-19.
- SETA moved to electronic enrollment processes under COVID-19, which will continue in years to come.
- Participated in the Quality Improvement Network to analyze and cross compare data with other programs in Region 9.
- All centers were rated as a “4” on the Quality Rating Improvement Systems, demonstrating quality across many indicators.
- SETA has long standing partnerships in the community that add immeasurable value to the delivery system for children, parents and staff, including hard to reach and high risk populations.
- All Sacramento County Head Start programs are now utilizing Learning Genie as the data portal for DRDP which has led to a stronger understanding of how anecdotal evidence, ratings and lesson plans are connected.
- 14 Family Services Workers have completed the Family Development Credential as part of their professional growth and development.
- SETA launched a Diversity and Inclusion Knowledge Committee to embrace the diversity of all backgrounds, perspectives and experiences; to build self-awareness and overcome unconscious biases; and to deepen an inclusive and respectful workplace.

## Sacramento City Unified School District

- The program implemented processes during the pandemic that will benefit the community long after the program returns to normal.
- An online enrollment process was implemented for families.
- The program implemented the Family Engagement portal of Learning Genie which allows teachers to communicate with parents, schedule events and push out educational content for their children.

## Sacramento County Office of Education

- Smooth transition to virtual visits with families with no lack in services. The program continued serving families despite the lack of in-person contact.
- The program successfully hosted virtual socializations through Zoom. Some topics included Gardening, which helped the families see ways to grow their own food and build community while sharing what they grow; and Zumba for mental health, which allowed families/children to experience how movement helps mental health, especially when staying at home more.
- Supporting families with numerous resources, from a mother of four children getting out of domestic violence to a 28-year old mother of six who graduated from college with honors after seven years. Her home visitor continued to encourage her and bring the parent back to her goal and reminding her to not lose focus of that.
- The team has completed very intense Circle of Security training which the home visitors will use to help support parents working with their children. Circle of Security helps adults understand their child's emotional world by learning to read emotional needs, support their child's ability to successfully manage emotions, and honor the innate wisdom and desire for their child to be secure.

## San Juan Unified School District

- An ECE Hub was created to keep important documents and announcements in one place for the whole department. Administrators and support staff are able to add new resources and information easily for teachers to access.
- Since the pandemic, San Juan USD has seen exponential growth in family engagement via the ReadyRosie parenting curriculum program; doubling the sign-ups to a total of 960 users and increasing engagement in the videos.
- Committed to Teaching Pyramid department-wide and began training and implementation of a pilot program at General Davie.
- The ECE department is aligned with the entire SJUSD in creating dual language plans and getting on the district's Q System.
- The ECE department is being added to the district SubFinder system.
- The program has four Social Service team members who are bilingual in Farsi and Dari assisting families in all aspects of education from enrollment to accessing Zoom or Google classroom.



### River Oak Center for Children

- Staff successfully transitioned to working remotely and began services immediately. We have successfully become 90% paperless with the last 10% happening shortly.
- The River Oak Early Head Start team have utilized each staff member's strengths and as a team are getting through this tough time productively.
- The program offered various support services to the families by connecting them to community resources such as financial support, mental health referrals, food, housing, and simply connecting them to other community members.
- Provided all of the Early Head Start families with developmental packages to help build their children's development skills.
- Successfully planned and executed virtual socializations where staff were able to connect families across the county. These virtual socializations have fun activities, community presentations, art/craft activities, child centered circle time and parent participation time.

### Women's Civic Improvement Club

- WCIC/Playmate Head Start Programs received an Unqualified June 30, 2019 Audit.
- WCIC's partnership with Sacramento County Office of Education's Quality Rating Improvement System, Raising Quality Together (RQT), to continue to support the program by providing ongoing professional learning; strengthen team's knowledge on the CLASS tool and usage of CLASS techniques in the classroom; and to utilize funding from RQT for materials to be purchased to enhance the indoor and outdoor environments.
- The 2019-2020 Classroom Assessment Scoring System (CLASS) scores were as following: Emotional Support had an average of 6.35; Classroom Organization had an average of 5.87; and Instruction Support had an average of 2.64.
- Desired Results Developmental Profile 2019-2020 data showed growth increases in Social-Emotional Development (55% increase), Language and Literacy (50% increase) and Cognition, Including Math and Science (50% increase).
- The teaching team's educational backgrounds include: (1) Master's Degree in Early Childhood Education; (3) Bachelor's Degrees in Early Childhood Education; (1) Liberal Studies with Multiple Subjects Bachelor's Degree; and (1) Associate of Arts Degree in Early Childhood Education and Social Sciences.
- WCIC's Team members pursued the following credentials during the 2019-2020 program year: (2) Family Development Credentials and (3) additional Site Supervisors Permit.

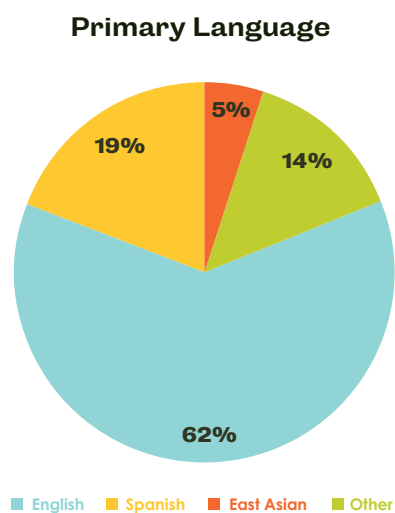
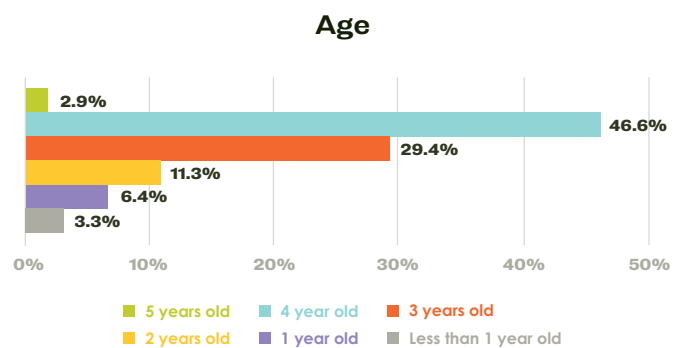
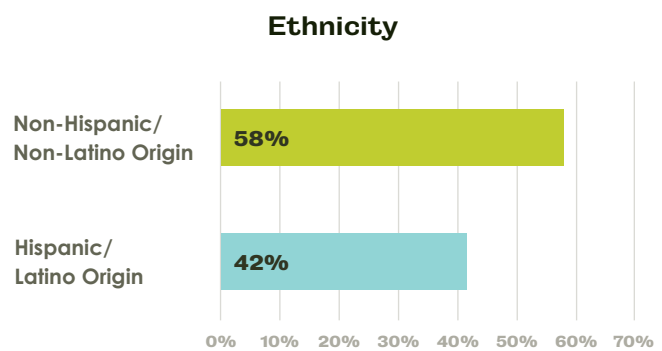
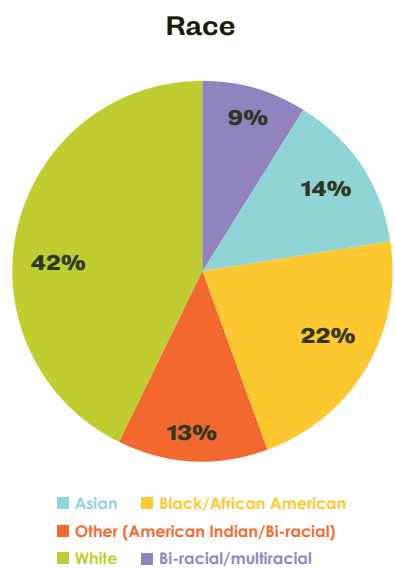
### Elk Grove Unified School District

- The program had increased participation in family engagement workshops during the program year.
- The program had an increase in parent participation in ReadyRosie activities, EGUSD's parenting curriculum.
- Teachers have been flexible and embraced using technology to benefit student development and participation.

### Twin Rivers Unified School District

- Increased to two inclusion classrooms staffed with both General Ed and Special Education team members serving 12 students with varying IEPs. Plans have started to increase two more in 2020-2021.
- Supported all EHS and HS students via Distance Learning Model from March through June which included zoom meetings, asynchronous learning as well as at-home learning kits.
- Teaching staff participated in Teaching Pyramid to increase behavior and learning strategies and techniques, and Education Coordinator completed Coaching Training.
- Implementation of new curriculum (Connect 4 Learning) for preschool to accomplish school readiness goals.
- Partnership with California State University, Sacramento (CSUS) and the Social Work Department that supported 19 MSW and BSW interns that provided classroom support to all Head Start sites.
- Culturally diverse staff who speak 7 different languages (English, Hmong, Lao, Arabic, Punjabi, Russian and Spanish)
- On-site Component Leaders who provide direct services including Speech and Language Pathologist, School Psychologist, Social Worker, Registered Nurse, Health Assistant and 4 Community Liaisons with average teaching experience of 18+ years.
- Collaborated with TRUSD Facilities and Maintenance Department to complete new modular building and playground projects, serving both EHS and HS students in the upcoming school year.

# Child Demographics



## ENROLLMENT FOR 2019-2020

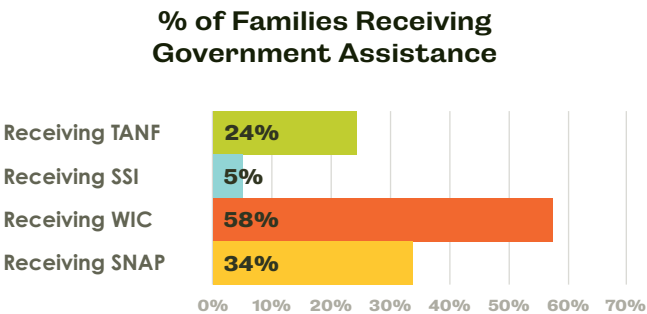
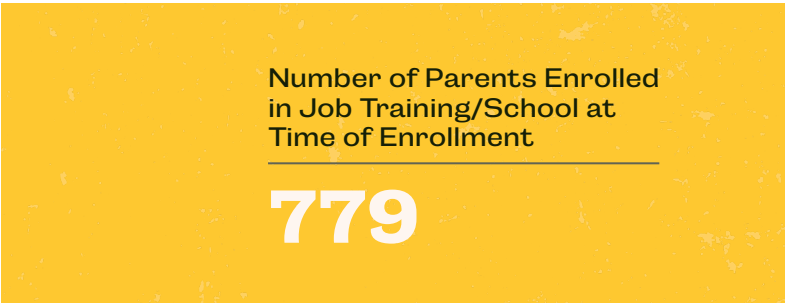
Head Start (Preschool)

5,421

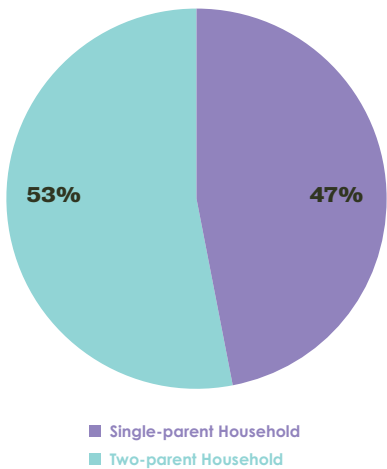
Early Head Start (Infants/Toddlers)

1,238

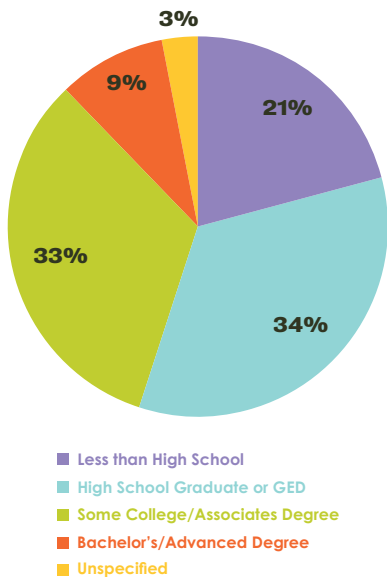
# Family Demographics



Single vs. Two Parent Households

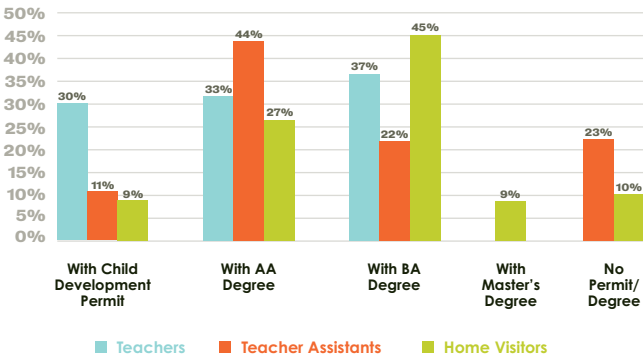


Highest Education Level

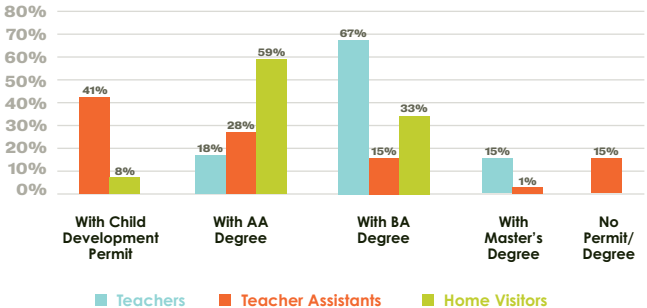


# Staff Demographics

Early Head Start Staff Demographics



Head Start Staff Demographics



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**Design & Illustration By:**  
**Angelina Sorokin | angelinasorokin.design**

## **Governing Board Members**

**Larry Carr**

*Councilmember, City of Sacramento*

**Patrick Kennedy**

*Board of Supervisors, County of Sacramento*

**Don Nottoli**

*Board of Supervisors, County of Sacramento*

**Jay Schenirer**

*Councilmember, City of Sacramento*

**Sophia Scherman**

*Public Representative*

## **Policy Council (PC)**

**Henrietta Gutierrez**

*Policy Council Chair*

## **Parent Advisory Committee (PAC)**

**Fienishia Wash**

*Parent Advisory Committee Chair*

## **Delegate Agencies and Partners**

**Elk Grove Unified School District**

**Sacramento City Unified School District**

**San Juan Unified School District**

**Twin Rivers Unified School District**

**Women's Civic Improvement Club**

**Sacramento County Office of Education**

**River Oak Center for Children**

