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Most features are available only to members receiving care at Kaiser Permanente medical facilities.

Completed forms are returned to you, rather than to a third party, so you can review the information and make a copy for your records first.

Northern California Offices

Central Valley Area (Manteca/Modesto/Stockton)

855-208-7223

CVA-ROI-Department@kp.org

Diablo Area (Antioch/Walnut Creek)

925-817-5661

DSAROMI@kp.org

East Bay Area (Oakland/Richmond/Alameda)

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VAL-ROI-Dept@kp.org

North Valley Area (Sacramento/Roseville)

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Redwood City

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RWC.Med.Sect-Copies@kp.org

San Francisco

415-833-3778

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For your convenience, you may request your records using phone, email, or by visiting any of our locations. Our offices are generally open from 8:30 to 5:00 pm. Please follow the link for the facility closest to you.

Release of your records

Fast and Convenient: You can obtain a copy of your recent medical records via email. We can provide copies of your most recent 2 years' worth of records via email for no fee (free) and they can generally be emailed the same day. A minimal charge applies for records greater than 2 years that are emailed or provided on CD. If you need records on paper, a per page fee will be charged.

Third party authorization

To protect your privacy, your records will not be released to another party without your signed authorization. You will need to submit a disclosure authorization form for us to complete the request. For your convenience we have these forms located on kp.org under Locate our services, then Forms and Publications.

Disclosure Authorization Forms

Disclosure Authorization (English)

Disclosure Authorization (Spanish)

Disclosure Authorization (Chinese)

Disability and family leave

We assist your physician in completing disability and Family Medical Leave certifications, too. We will need a physician's note for time off to assist in completing your paperwork. You may also need to have a visit or discussion with your physician, if you haven't had one recently, prior to submitting your paperwork. Click the link to complete the Online application for State Disability Insurance. Please retain a copy of your claim receipt and provide it to the Release of Medical Information staff when requesting State Disability Insurance physician certifications.

Forms and correspondence

Working with your personal physician's office, we can help you complete various forms regarding your health care, including:

- Forms to verify illness or health condition
- School sports clearance
- Department of Motor Vehicles
- Jury duty
- PG&E
- Residential Board and Care forms

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South Sacramento

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Release of Medical Information

Manage your health information

If you need copies of your health information for your own personal use or to forward to a health care provider or organization, Kaiser Permanente's Release of Medical Information Departments are here to help you.

Your health – anytime, anywhere

Some of your medical records are already available to you online – anytime, anywhere – with My Health Manager on kp.org. As a registered user, you can review, download, and save to your computer or print the following information:

- Immunization record
- Downloadable Clinical Health Summary
- Hospital Summary
- Past office visits
- Prescription medications
- Most lab test results
- Your current health summary, including any allergies and ongoing health conditions

Register for kp.org access [here](#). You can also download a Portable Electronic Medical Record summary to take with you when traveling.

Requesting your records